

Prescription Checklist

Ask your doctor these questions every time she prescribes a new medication:



1. What is this medicine for? (Consider giving each drug its own index card.)

2. Does this medication replace anything else I'm taking?

3. How do I take the medication? (For example, with food or on an empty stomach?)

4. How long do I take the medication?

5. What side effects can this drug cause, and how common are they? Which ones are the most dangerous?

6. How long have you been prescribing this drug for my condition? Are there any other medications for my condition that have been FDA approved more recently? If so, why is this drug the best choice?

7. Is this medication safe to take with other medicines or dietary supplements I am taking?

Notes:



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